

Biography



Kathy Buckworth is an award winning writer, television personality and public speaker. To date she has had five books published, "The Secret Life of SuperMom", "SuperMom: A Celebration of All You Do", "Journey to the Darkside: SuperMom Goes Home" and "The BlackBerry Diaries: Adventures in Modern Motherhood". Her latest book, "Shut Up & Eat: Tales of Chicken, Children & Chardonnay" is now available (March 2010) from Key Porter Books. Kathy's "Funny Mummy Files" newsletter reaches thousands every month, and her blog www.blackberrydiaries.net as well as her website www.kathybuckworth.com, are popular stops for parents.

She is the only two-time winner of the Excellence in Humour Writing Award, (2006 and 2008) presented by the Professional Writers Association of Canada. Kathy is a featured expert on Slice Network's 2007 and 2008 seasons of Slice Network's "Birth Days", as well as a regular parenting reporter on CTV's NewsChannel. She writes a regular column for ParentsCanada and The Women's Post, as well as contributing to many other local and national publications. Kathy does many public speaking engagements on topics related to balancing work & lifestyle. Kathy has career experience as a senior marketing professional in financial institutions, telecommunications, and consumer products markets, as well as public relations, public speaking and extensive promotional experience.