

WISH Speaker Bios

Sensuality

Dr. Gina Ogden, PhD, LMFT

Connecting with your partner-and yourself.

Gina Ogden, PhD, LMFT is a sex therapist, researcher, writer, practitioner of ceremonial shamanism, and expert in helping women create heart-to-heart connection with their partners-and most importantly with themselves. Her transformational approach to sex and intimacy has touched the lives of women all over the country through lectures, workshops, teleseminars, and appearances from talk radio to Oprah. Her latest three books are *Women Who Love Sex*, *The Heart and Soul of Sex*, and *The Return of Desire*. Her nationwide survey *Integrating Sexuality and Spirituality (ISIS)* is the first (and only) sex survey to document how our sexual relationships can connect body, mind, heart, and spirit-at any age, even when there have been histories of sexual disappointment or abuse. She has written for scholarly journals and consumer magazines, contributed to *Our Bodies, Ourselves*, and consulted on the US Surgeon General's 2000 Report on Healthy Sexual Behavior. Her work has received enthusiastic endorsements from well-known teachers and healers including Dr. Christiane Northrup, who states: "Gina Ogden speaks directly to the heart of sexuality in a way that women all over the world will recognize."
www.GinaOgden.com.

Terra Wise

Terra Wise - midwife for the soul - is an integrative transpersonal counselor, educator, and the creator of an especially unique and effective healing system for women (couples and men too) known as "*Womb Wisdom*"™. Terra combines her skill, wisdom, and intuitive gifts as a healing guide and an ally for people from all walks of life. Her non-biased, cross-cultural support has provided guidance for individuals and groups since 1983.

Terra's deep commitment to compassionate insight is at the core of work as a midwife for the soul. At present, Terra is at work on numerous projects, including her book and Cd's called "*Womb Wisdom*"™, as well healing tools on sexuality and other topics that uplift and nourish body, mind, and soul! Terra counsels individuals by phone and skype. Details can be found at her website: www.terrawise.net.

Patty Contenta

Patty Contenta's studies and training which led to her becoming a champion ballroom dancer, sparked an interest in discovering the impact movement makes on communication, attention, and self-confidence! Patty is founder of the Sensuality Secrets seminars and author of *Sensuality Secrets*, a book and series of DVDS that coach women on how to heighten their sensuality through the art of body language and dance. This has brought her to become a sought after speaker and radio guest all across North America.

Dr. Roe Gallo

Roe Gallo, Ph.D. is an internationally known and recognized author, motivational speaker, and health educator. For over 20 years, Dr. Gallo has successfully used the concepts in her books to help people become fit, healthier, and overcome serious diseases such as cancer, high cholesterol, high blood pressure, and diabetes. Dr. Gallo teaches how to build a healthy and beautiful body from the inside out, and how to enable the natural functions of the body to restore and maintain health. Her publications include: *Body Ecology*, *Perfect Body The Raw Truth*, *Perfect Body Beyond the Illusion* and *Sexual Strategies for Safety and Pleasure*.

Spirit

Neale Donald Walsch

Neale Donald Walsch is a modern day spiritual messenger whose words touch the world in profound ways. With an early interest in religion and a deeply felt connection to spirituality, Neale spent the majority of his life thriving professionally, yet searching for spiritual meaning before beginning his now famous conversation with God. His *With God* series of books has been translated into 34 languages, touching millions of lives and inspiring important changes in their day-to-day lives.

In addition to authoring the renowned *With God* series, Neale has published 16 other works, as well as a number of video and audio programs. Available throughout the world, each of the CwG dialogue books has made the New York Times Bestseller list, *Conversations with God-Book 1*, occupying that list for over two and half years.

Janet Attwood

Janet Attwood's passion and focus is supporting people, in every part of the world, in knowing their personal greatness. She is the co-author of the New York Times Bestseller, *The Passion Test- The Effortless Path To Discovering Your Destiny*. She created a DVD series titled, "*The Empowered Women Series*" that is being distributed free to homeless women's shelters across the U.S. The series features such luminaries as, Byron Katie, Lynne Twist, Marci Shimoff, Lisa Nichols, and others.

Brian Johnson

Brian is a philosopher. The image of long white beards, thick books and dusty shelves may come to mind, but you will be surprised to be know that it is a remarkably handsome bald guy whose online videos and quick fix it notes are the new look for a modern day philosopher.

Brian is committed to inspiring (& empowering) you to live your greatest life. After selling his last business (Zaadz) in 2007, he decided to give myself a Ph.D. in How to Live/Optimal Living with a specialization in Greatness, Bliss and Enthusiasm. He gave himself a Master's by pulling 1,000+ life-changing Big Ideas from 100 of his favorite self-development books and packaged them in fun, smart, inspiring and PRACTICAL "PhilosophersNotes."

Sonia Choquette

Sonia Choquette is an internationally acclaimed spiritual teacher, intuitive guide and masterful catalyst whose special gift is to energetically activate the highest vibration and free the authentic Spirit in everyone she meets. She releases people from the restriction and fear of the ego and guides them through the portals to joy, wholeness, and personal empowerment in every area of their life. She has also been a personal Intuitive advisor to such New Age Leaders as Louise Hay, Julia Cameron, Caroline Myss, Dr. Wayne Dyer, pop icon Billy Corgan of the Smashing Pumpkins rock band, and professional consultant to international business leaders such as Charlotte Beers, Fortune 500 Company CEO. A third generation intuitive and prolific writer, her books have sold over a million copies worldwide including her NY Times Bestseller, *The Answer Is Simple.... Love Yourself, Live Your Spirit*. Visit Sonia's site here: www.trustyourvibes.com.

Food

Rory Freedman

Don't let the title deceive you. "Skinny Bitch" is the clever title for a book that empowers women to take their health and well-being more seriously while saving the planet and the animal kingdom at the same time. In this interview, Rory covers

Rory Freedman penned the #1 NY Times bestseller *Skinny Bitch*. With five books on the shelves, three million copies in print, translations in twenty-seven languages, two years on the NY Times Best Seller List, and numerous TV and radio appearances, she set out to bring veganism to the masses. VegNews magazine named Rory their first ever "Person of the Year," but her biggest source of pride is being a vegan animal rights activist.

Donna Gates

Donna Gates, a nutritional consultant, author and lecturer has helped thousands of people overcome candidiasis and other immune system disorders. Her book, *"The Body Ecology Diet"*, was written after years of research to find a cure for her own candida-related health problems. Frustrated with conventional medicine, she embarked on a long course of study into many different healing concepts, including ancient Chinese medicine, macrobiotics, natural hygiene, raw foods and mega-supplement therapy. Incorporating the most beneficial components of each concept into her own system of health and healing, her success inspired her to share it with others. Donna's latest focus is on resolving the crisis of our children's health, and she is committed to preventing and overcoming autism.

Victoria Boutenko

Having restored her family to health by following the Raw Food Diet, **Victoria Boutenko** is now an internationally recognized health advocate. She is most well known for the discovery of "green smoothies". She's authored several books, the most well-known of which are; *Green for Life*, *Green Smoothie Revolution* and *12-Step to Raw Food*.

Jules Dervaes

Jules Dervaes is the founder of the modern urban homestead movement, begun at Path to Freedom in 2001. This family-operated, viable urban homestead project was established to promote a simpler and more fulfilling lifestyle and to sow a "homegrown revolution" against the corporate powers that control the food supply.

Since the mid-1980s, Mr. Dervaes and his three adult children, Anaïs, Justin, and Jordanne, have worked at transforming their city lot in Pasadena into a thriving organic garden that supplies them with food all year. These eco-pioneers also run a successful home business providing their surplus produce to local restaurants. Through their adventures in growing and preserving their own food, installing a solar power system, home-brewing biodiesel for fuel, raising backyard farm animals, and learning back-to-basics skills, these modern-day pioneers have revived the old-fashioned spirit of self-reliance and resourcefulness.

Relationships

Marianne Williamson

Marianne Williamson is an internationally acclaimed spiritual teacher. Her latest book, *The Age of Miracles* hit #2 on the New York Times Bestseller list. Among her other 9 published books, four of them -- including *A Return to Love* - were #1 New York Times Bestsellers. *A Return to Love* is considered a must-read of The New Spirituality. A paragraph from that book, beginning "Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure" - often misattributed to Nelson Mandela's Inaugural address - is considered an anthem for a contemporary generation of seekers.

Gay & Katie Hendricks

Kathlyn and Gay Hendricks are major contributors to the fields of conscious relationships and bodymind vibrance. They are the authors of more than twenty books, including such bestsellers as *Conscious Loving*, *The Big Leap*, *The Corporate Mystic*, *Five Wishes* and *Conscious Living*. During the past thirty years they have appeared on hundreds of radio and television shows, including OPRAH, CNN, CNBC and CBS' 48 HOURS. They founded The Hendricks Institute, which offers life and love-changing seminars annually in North America, Asia and Europe.

Mat Boggs

As the fastest-rising young international speaker on Mastering the Law of Attraction and *Cracking the Man Code*, **Mat Boggs** has appeared on dozens of national media venues including: The Today Show, CNN Headline News, Fox News, CNN Showbiz Tonight, ABC Family, Oprah and Friends XM, Good Morning America, and more. A master in motivation, Mat has dedicated his life to increasing Love in the world one heart at a time, and illuminating the greatness in others. Having shared the stage with world-renown teachers and leaders, his humor, authenticity, and power-pact motivational seminars have ignited millions of people to go after their dreams and begin living the life they love.

Tara-jenelle Walsch

Tara-jenelle Walsch is the founder and spirit behind Soulebrate and Soulcialize & also original founder and co-developer of the successful self-help Internet company, ConsciousOne.com. Through her commitment to helping others find freedom through voicing their heart, she has created a popular series of Soulebrate greeting cards, as well as other inspiring products that offer us an opportunity to be and express who we truly are inside.

Fitness

Rainbeau Mars

Yoga pro **Rainbeau Mars** brings a lifetime of practicing yoga to her successful career as author and creator of numerous yoga DVDs, founder of the ra'yoKa fitness system, and Global Ambassador for Adidas. As a highly sought after yoga instructor in Hollywood, Rainbeau's clientele includes a multitude of A-list celebrities, models and moguls. Raised in Boulder, Colorado by her mother, Brigitte Mars, and by her father, Tom Pfeiffer, Rainbeau's holistic upbringing led her to an apprenticeship with yoga gurus Chuck Miller and Maty Ezraty, both of whom helped shape her career and catapult her to the forefront of the yoga community.

Sheila Kelley

Sheila Kelley, a classically-trained dancer and renowned actress, is a passionate voice for the advancement of women in the world. She is an esteemed actress, author, filmmaker and dancer. "S-Factor was born when I discovered my sensual power and the best body of my life while preparing for my role as an exotic dancer." says Sheila. "My life changed so profoundly just from moving in this organically feminine way that I've dedicated myself to sharing this extraordinary Journey with other women." Her roles on L.A. Law, Sisters, ER and The Sopranos and in films including Singles, Matchstick Men, Nurse Betty and One Fine Day earned her great respect in Hollywood and around the world as an actress who is not afraid of embracing the power of her femininity.

Pete Cerqua

Pete Cerqua owns and operates the 90-Second Fitness Flagship Studio in New York City. He has been helping people get stronger and lose weight since 1985. Peter is the author of the hot new best-seller *The 90- Second Fitness Solution*, a how-to release weight, improve mood and memory, eat and sleep better in minutes a week. Peter is also the first ever Vook Author, a new innovation in the literary world which is the combination of a book and a video and is the future of all books.

Jennifer Jimenez

Jennifer Jimenez is a pioneer in the fields of dance, fitness, and personal growth. "Transforming the world through movement and dance" is her life's mission. Described as "pure joy in motion," Jennifer is a master teacher and internationally acclaimed professional dancer.

Inspiring thousands, Jennifer regularly performs and presents at workshops, conferences, retreats, festivals, churches, concerts, and fitness arenas worldwide. Her brand "Let's Dance Together" produces CD's, DVD's and programs for whole body health and personal empowerment.

Beauty

Ginger Burr

Ginger Burr has built a remarkable career as an expert personal image consultant and makeup artist who gently and intuitively helps women communicate who they are through what they wear. A notable speaker and leader in the field of fashion and style, her cruelty-free approach to personal style shows people how to dress fashionably and still be true to their values. Ginger's one-of-a-kind body image, self-esteem, and style home study program "Who Taught You How to Dress?" allows women to overcome the obstacles and learn the skills they need to create a wardrobe they love all in the comfort of their own home!

Tonya Zavasta

Tonya Zavasta is a raw food expert, speaker and the author of 5 books on Beauty. With a math/science background, Tonya's comfort zone reaches from quantum physics to cellular metabolism to the salad bowl. Confronted with the necessity of extensive hip surgeries to enable her to walk normally, Tonya sought a lifestyle that would support her recovery and offset the ravages of multiple operations.

Her tireless research led her to discover the beautifying powers of raw foods at the age of 39. Her books, *Your Right to Be Beautiful* and *Beautiful On Raw* are about how to radically improve your life, health and appearance through the raw food lifestyle. Her latest books *Quantum Eating* and *Raw Food and Hot Yoga* are an exploration of the most advanced anti-aging practices. Now in her 50s she radiates health in every sense of the word, and teaches "raw eating" all across the world.

Janice Cox

Janice Cox is America's leading Natural Beauty and Home Beauty expert. Janice is the author of three best selling books on the subject of Natural Beauty: *Natural Beauty at Home*, *Natural Beauty for All Seasons* and *Natural Beauty from the Garden*. Her passion for Home beauty started out of necessity growing up in a small Oregon town natural bath and beauty products were hard to come by it was also an easy way to save time and money. Today women all across the country have discovered how fun, easy and cost effective Janice's techniques and recipes are and the results are far exceeding their expectations.

Mimi Kirk

In August 2009 **Mimi Kirk** won a contest created by PETA (People for the Ethical Treatment of Animals) for the sexiest vegetarian over 50. She was the oldest contestant at 70 and won over hundreds of other contestants. She has been interviewed on NBC, KUSI, Fox and appeared on The Doctors, a national TV show. Many newspaper and on line blog articles have been written about her. She currently

lectures and is writing a book helping others learn more about eating a raw food diet for health and longevity. She is passionate about helping people look and feel their best.

Health

Dr. Mercola

In 1982, **Dr. Joseph Mercola** started out as most medical physicians do, with a practice emphasizing traditional western medicine based on prescribing pills and treating symptoms rather than causes. However, after seeing too many failures from this traditional medical approach, he began to investigate and use holistic and natural medicine when treating his patients.

Dr. Mercola strongly opposes our current medical system's use of expensive and potentially dangerous drug and surgical interventions which do not address the underlying cause of disease, and his passion is exposing the dangers of modern medicine while educating people about time-honored, natural, and inexpensive alternatives. Besides being a New York Times bestselling author, and regular guest on all the big media news outlets ABC, NBC, CBS, CNN etc, Dr. Mercola also founded his own world-renowned Natural Health Center where tens of thousands have come to be treated with his multi-disciplinary natural approach to health. Dr Mercola's site mercola.com has become an internet phenomeon leading the field in health and wellness.

Dr. Carolyn Dean

Dr. Carolyn Dean is The Doctor of the Future offering a free online newsletter and a 48-week international internet health program called Future Health Now! Dr. Dean is a Medical Doctor and Naturopathic Doctor, author and coauthor of 18 books, including *IBS for Dummies*, *IBS Cookbook for Dummies*, *The Magnesium Miracle*, *The Yeast Connection and Women's Health*, and *Death by Modern Medicine*. She is the Medical Director of The Nutritional Magnesium Association www.nutritionalmagnesium.org educating the public about the benefits of magnesium. Proficient in both conventional and alternative medicine Dr. Dean offers Consultations for Health by Phone.

David Wolfe

David "Avocado" Wolfe is considered by peers to be one of the world's leading authorities on nutrition. David is the author of *Naked Chocolate*, *Eating For Beauty* and *The Sunfood Diet Success System*. David works, in conjunction with www.rawfood.com, to develop, market and distribute some of the world's most wonderful and exotic organic food items. Since 1995, David Wolfe has given over 1,000 health lectures and seminars around the world. He is the founder of the non-profit Fruit Tree Planting Foundation (www.ftpf.org) whose goal is to plant 18 billion fruit trees on planet Earth.

Susun Weed

Susun began studying herbal medicine in 1965 when she was living in Manhattan while pregnant with her daughter, Justine Adelaide Swede. She wrote her first book -- *Wise Woman Herbal for the Childbearing Year* (now in its 29th printing)-- in 1985 and published it as the first title of Ash Tree Publishing in 1986.

It was followed by *Healing Wise* (1989), *New Menopausal Years the Wise Woman Way* (1992 and revised in 2002), and *Breast Cancer? Breast Health! The Wise Woman Way* (1996). In addition to her writing, Ms Weed trains apprentices, oversees the work of more than 300 correspondence course students, coordinates the activities of the Wise Woman Center, and is a High Priestess of Dianic Wicca, a member of the Sisterhood of the Shields, and a Peace Elder.

Money

Ali Brown

Ali Brown is one of the most successful female entrepreneurs of her generation. As founder and CEO of Ali International, LLC, She has created a dynamic multimillion dollar enterprise that is devoted to empowering women around the world. Through the power of entrepreneurship Ali helps close to 40,000 members start and grow their own businesses. She is a foremost authority in driving sales and marketing via e-mail publishing. The unstoppable Ali Brown is set to leave an indelible mark in the minds of women across America and around the world in 2009.

Mary Morrissey

Speaker, best-selling author, and consultant for over three decades, **Mary Morrissey's** transformational talks and seminars have made her one of the elite teachers in the human potential movement. She is the president and founder of LifeSOULutions, an international company providing programs and products that transform dreams into reality. Her work takes her weekly to different parts of the globe.

Mary is the Co-Founder and the first President to the Association for Global New Thought. Along with Dr. Michael Beckwith, she became the first New Thought minister to be appointed to the Executive Counsel of the Parliament of World Religions. She has spoken three times at the United Nations as the national Co-Chair for A Season of Non-Violence, and has received the honor of being inducted into the Martin Luther King Order of Preachers.

Morgana Rae

Morgana Rae, an internationally acclaimed expert on wealth manifestation, is the world's top Relationship with Money coach. Morgana wrote *Financial Alchemy: Twelve Months of Magic and Manifestation*, and she's a contributing author to the bestselling books; *Heart of a Woman in the Workplace*, and *Inspiration to Realization*, ranked a "must read" by Entrepreneur Magazine. Her articles have appeared in 100s of magazines internationally. She now heads her own Financial Alchemy school for life coaches.

Mari Smith

Mari Smith is President of the International Social Media Association. She has been dubbed "the Pied Piper of the Online World" by FastCompany.com and is a Social Media Keynote Speaker, Consultant and Trainer. Mari travels the United States and abroad to lead talks and trainings on implementing effective social media strategies. She has spoken for, and shared the stage with, the likes of Sir Richard Branson, Tony Robbins, The Dalai Lama, Paula Abdul, Brian Tracy, Loral Langemeier, John Assaraf, Jack Canfield, Jay Abraham, Joel Bauer, Ali Brown and many more leaders. She has a strong

background in the world of relationships and internet technology, and has been a passionate leader in social media since early 2007. She has a large, loyal following on Facebook, Twitter and her blogs. After applying Mari's proven Social Marketing methods, her clients typically experience a significant increase in traffic, subscribers, clients, affiliates, lucrative strategic alliances and targeted media attention.

Attitude

Marci Shimoff

Marci Shimoff is the author of the runaway bestseller, *Happy for No Reason: 7 Steps to Being Happy from the Inside Out*. Marci is also the host of the Happy for No Reason PBS special that has aired nationwide, and is a featured teacher in the hit film, *The Secret*. She is the woman's face of the biggest self-help book phenomenon in history. Her books, including *Chicken Soup for the Woman's Soul* and *Chicken Soup for the Mother's Soul*, have met with stunning success, selling more than 13 million copies. She's one of the bestselling female nonfiction authors of our time.

Marci is a professional speaker and one of the nation's leading experts on happiness, success, and the law of attraction. She has inspired millions of people around the world and is dedicated to helping people live more empowered and joy-filled lives.

Cynthia Kersey

What's stopping you from getting the things you want in your life? That's what you'll find out in the interview with Cynthia Kersey. Learn the most effective techniques for improving your productivity and performance so you can spend more time building the life you want and less time beating yourself up over artificial limitations.

Cynthia Kersey is a leading performance and productivity expert, the best-selling author of two books, a speaker, columnist and team coach. Based on her best-selling books *UNSTOPPABLE & Unstoppable Women*, she's developed proven strategies to help people develop an "unstoppable mindset" - one that will enable them finally get "unstuck" and move to the next level in their business and in their life. Cynthia has been a guest on countless radio and TV shows including the Oprah Winfrey Show and is the Chief Humanitarian Officer of her non-profit foundation building schools and creating sustainable communities in Africa.

Sean Stephenson

Expected to die at birth, **Sean Stephenson** has faced an army of reasons to give up and countless opportunities to embrace pity. He suffered more than 200 bone fractures by age 18, reached a height of only 3 feet, and is permanently confined to a wheelchair. However, this man took a stand for a quality of life that has inspired millions of people around the world, including Tony Robbins and President Clinton. Sean has a PhD in Neuro-Linguistic Programming and is the author of *Get Off Your BUT: How to End Self-Sabotage and Stand Up for Yourself*.

Barbara Deangelis

Barbara De Angelis Ph.D. is one of the most influential teachers of our time in the field of relationships and personal growth. For the past twenty-five years, she has reached tens of millions of people throughout the world with her positive messages about love, happiness and the search for meaning in our lives. Barbara is the author of fourteen best-selling books which have sold over eight million copies and been published throughout the world in twenty languages.

Family

Mallika Chopra

Mallika Chopra has spent the last ten years working in a variety of capacities in the media world. Her strengths in creating creative content combined with strategic and marketing thinking has allowed her to successfully fuel an entrepreneurial drive in a number of arenas. Mallika is a graduate of Brown University, and has an MBA from the Kellogg Graduate School of Management. She currently lives in Santa Monica, California, with her husband, Sumant Mandal, and their two daughters, Tara and Leela. She has written two books inspired by them - *100 Promises to My Baby* and *100 Questions from Her Child*. In 2008 she started Intent.com, a new trusted wellness destination on the web, to realize her personal intention to connect with others by sharing and listening to each others stories.

Erica Ehm

Erica is one of Canada's most recognized personalities, having started her career in the mid-80's as the voice of her generation on MuchMusic. Her multimedia resume includes acting, award winning songwriter, playwright, author, journalist and most importantly, The Yummy Mummy Club. It was her difficult transition from career woman to new mother that inspired Erica to create an online destination for women with children. Thousands of women have become devoted members of the Yummy Mummy Club, and Erica has become the passionate voice of a whole new generation Yummy Mummies.

Dr. Ritamarie Loscalzo

Dr. Ritamarie Loscalzo, is a leading authority on cleansing and detoxification, specializing in women's fatigue and hormone issues. She's a speaker, the author and coauthor of over a dozen books and home study programs. As a Chiropractic Doctor, Acupuncture Certified, a Diplomat of the American Clinical Nutrition Board, a Certified Clinical Nutritionist with a Master's Degree Nutrition, and a soon to be Certified Medical Herbalist, certified as a living foods chef, instructor, and coach, Dr. Ritamarie has inspired thousands to regain their health by adopting a diet high in fresh, whole, raw and living green foods. Dr. Ritamarie's passion for natural healing was ignited by the success she had in healing her own chronic fatigue, candida, allergies and digestive issues through detoxification and raw foods. Dr. Ritamarie incorporates ancient healing wisdom with modern functional medicine to gently awaken your inner healer. Visit Dr. Ritamarie's website at: www.drritamarie.com.

Heather T. Forbes

Heather T. Forbes, LCSW, is the co-founder and owner of the Beyond Consequences Institute. She is an internationally published author on the topics of adoptive motherhood, raising children with difficult

and severe behaviors, and self-development. Forbes lectures, consults, and coaches parents throughout the U.S., Canada, and Europe, with families in crisis working to create peaceful, loving families. She is passionate about supporting families by bridging the gap between academic research and when the rubber hits the road parenting. Much of her experience and insight on understanding trauma, disruptive behaviors, developmental delays, and adoption-related issues comes from her direct mothering experience of her two internationally adopted children.

Heather's books include, *Dare to Love: The Art of Merging Science and Love Into Parenting Children with Difficult Behaviors*, *Beyond Consequences, Logic, and Control: A Love-Based Approach to Helping Children with Severe Behaviors Volume 1*, *Beyond Consequences, Logic, and Control: A Love-Based Approach to Helping Children with Severe Behaviors Volume 2*, *100 Daily Parenting Reflections*.